

What to do if You Suspect Your Child Is Being Bullied

LAKEWOOD PUBLIC SCHOOL DISTRICT

FEBRUARY 20, 2023

Board Policy

The Board of Education prohibits acts of harassment, intimidation, or bullying of a pupil. A safe and civil environment in schools is necessary for students to learn and achieve high academic standards. Harassment, intimidation, or bullying, like other disruptive/violent behaviors, is conduct that disrupts both a student's ability to learn and a school's ability to educate in a safe and disciplined environment.

In all such instances, such behavior will not be tolerated and will be addressed according to Board Policy.

The Board expects pupils to conduct themselves in keeping with their levels of development, maturity, and demonstrated capabilities with proper regard for the rights and welfare of other pupils and school staff, the educational purpose underlying all school activities and the care of school facilities and equipment consistent with the Code of Pupil Conduct.

Bullying v. Conflict

Bullying:

- ▶ Intentional, unwanted, aggressive behavior.
- ▶ Involves a real or perceived power imbalance.
- ▶ Intended to demean, insult or hurt someone.
- ▶ Does not stop when asked.

Conflict:

A misunderstanding or disagreement that causes emotional reaction between two or more connected people.

- A. All parties have equal power to solve the problem
- B. All parties have an equal interest in the outcome
- C. A conflict can be resolved by talking or working things out together or with help from an adult

Types of Bullying

There are three types of bullying:

1. Verbal
2. Social
3. Physical



Verbal Bullying

Verbal bullying is saying or writing mean things. Verbal bullying includes:

- Teasing
- Name-calling
- Inappropriate sexual comments
- Taunting
- Threatening to cause harm



Social Bullying

Social bullying, sometimes referred to as relational bullying, involves hurting someone's reputation or relationships. Social bullying includes:

- Leaving someone out on purpose
- Telling other children not to be friends with someone
- Spreading rumors about someone
- Embarrassing someone in public



Physical Bullying

- **Physical bullying** involves hurting a person's body or possessions. Physical bullying includes:
 - Hitting/kicking/pinching
 - Spitting
 - Tripping/pushing
 - Taking or breaking someone's things
 - Making mean or rude hand gestures



Cyberbullying

Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation. Some cyberbullying crosses the line into unlawful or criminal behavior.

The most common places where cyberbullying occurs are:

- Facebook, Instagram, Snapchat, and Twitter
- Text Messages
- Messenger



What to do if Your Child is the Target of Cyberbullying

- Do not respond to and do not forward messages to friends.
- Save messages, take screenshots images, and record time/date it occurred.
- Report **immediately!**
- Block the bully!
- Report the user to the social media site - they are in violation of terms and conditions.

*We can investigate cyberbullying cases even if it did not occur during school hours.





If You Suspect Your Child is Being Bullied

- ▶ Complete **Form 338** (English & Spanish) on the District Website **OR**
- ▶ Complete the **See Something, Say Something** Form on the District Website **OR**
- ▶ Call your Child's **Anti-Bullying Specialist**

If you suspect your child is being bullied (cont.):

- ▶ Go to the Lakewood School District Website: www.lakewoodpiners.org
- ▶ Complete Form 338 (English & Spanish)

Lakewood Public School District
2022-2023 HIB Form 338 - Parent/Guardians /
Para ser completado por los padres/tutores.

 bmorcos@lakewoodpiners.org (not shared) [Switch account](#) 

* Required

This form should be used by parents or guardians to report allegations of HIB (Harassment, Intimidation, Bullying). Once the form is received by the school, the principal is responsible for implementing the school district's policy and procedures. An investigation shall be completed as soon as possible, but not later than 10 school days from the date of the written report of the incident. Should you have any questions about the investigation, please contact the school principal.

Directions: Complete the form below to provide detailed information of the alleged HIB incident. If some fields are not applicable or if you are uncertain of the response, you may skip those fields. This form may be submitted anonymously.

2022-2023 Formulario HIB 338 - Para ser completado por los padres/tutores

Este formulario debe ser utilizado por los padres o tutores para informar alegaciones de HIB(Harassment, Intimidation, Bullying). Una vez que la escuela recibe el formulario, el director es responsable de implementar los procedimientos y políticas del distrito escolar. Se deberá completar una investigación tan pronto como sea posible, pero a más tardar 10 días escolares a partir de la fecha del informe escrito del incidente. Si tiene alguna pregunta sobre la investigación, comuníquese con el director de la escuela.

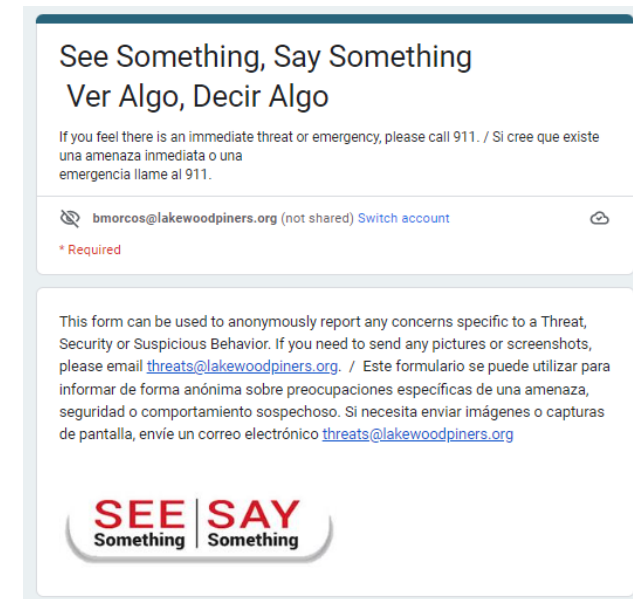
Instrucciones: Complete el siguiente formulario para proporcionar información detallada del presunto incidente HIB. Si alguna preguntas no son aplicables o si no está seguro de la respuesta, puede modificar esos preguntas. Este formulario se puede enviar de forma anónima.

See Something, Say Something

See Something, Say Something

- ▶ Anonymous Reporting Tool
- ▶ English & Spanish
- ▶ Report warning signs and signals of individuals who may be a threat to themselves or other
- ▶ Report any Suspicious Activity

www.lakewoodpiners.org



The screenshot shows the 'See Something, Say Something' reporting form. At the top, the title is in English and Spanish: 'See Something, Say Something' and 'Ver Algo, Decir Algo'. Below the title, there is a line of text in both languages: 'If you feel there is an immediate threat or emergency, please call 911. / Si cree que existe una amenaza inmediata o una emergencia llame al 911.' Below this, there is a user profile section showing a lock icon, the email 'bmcocos@lakewoodpiners.org (not shared)', a 'Switch account' link, and a cloud icon. Below the profile section, there is a red asterisk and the word 'Required'. The main body of the form contains a paragraph explaining that the form can be used to anonymously report concerns specific to a Threat, Security or Suspicious Behavior, and provides the email address 'threats@lakewoodpiners.org' for reporting. At the bottom, there is a logo with the words 'SEE Something' and 'SAY Something' in a stylized font.

See Something, Say Something
Ver Algo, Decir Algo

If you feel there is an immediate threat or emergency, please call 911. / Si cree que existe una amenaza inmediata o una emergencia llame al 911.

bmcocos@lakewoodpiners.org (not shared) [Switch account](#)

* Required

This form can be used to anonymously report any concerns specific to a Threat, Security or Suspicious Behavior. If you need to send any pictures or screenshots, please email threats@lakewoodpiners.org. / Este formulario se puede utilizar para informar de forma anónima sobre preocupaciones específicas de una amenaza, seguridad o comportamiento sospechoso. Si necesita enviar imágenes o capturas de pantalla, envíe un correo electrónico threats@lakewoodpiners.org

SEE | **SAY**
Something | Something

Call Your Child's Anti-Bullying Specialist

School	Name of Anti-Bullying Specialist	Email Address	Phone Number
Clifton Ave Grade School	Mariana Bernaski	Mbernaski@lakewoodpiners.org	(732) 364-2400 Extension: 7210
Ella G. Clarke School	Tara Napolitano	Tnapolitano@lakewoodpiners.org	(732) 905-3620 Extension: 7306
Lakewood Early Childhood Center (LECC)	Deidre Krok	Dkrok@lakewoodpiners.org	(732) 364-2400 Extension: 7807
High School	Kerri Ann Hefferon	Khefferon@lakewoodpiners.org	(732) 905-3550 Extension: 7434
Middle School	Amber Patterson	Apatterson@lakewoodpiners.org	(732) 364-2400 Extension: 7509
Oak Street School	Jessica Bliss	Jbliss@Lakewoodpiners.org	(732) 905-3670 Extension: 7621
Piner Elem. School	Rachael Liebhauser	Rliebhauser@Lakewoodpiners.org	(732) 905-3566 Extension: 7903
Spruce Street School	Nyomi Garcia	Ngarcia@Lakewoodpiners.org	(732) 905-3566 Extension: 7903

What happens after you report suspected bullying?

- A HIB Investigation must be completed within 10 days
- A written report is submitted to the Principal, then to the Superintendent.
- A report is reviewed and submitted to the Board of Education.
- Final reports are submitted to NJ Department of Education.

Students who violate the Anti-Bullying Bill of Rights:

- ▶ Students who **violate** the Anti-Bullying Bill of Rights, **must complete a two (2) hour online Bullying Awareness and Prevention course**, in addition to consequences as assigned by the Principal, as per the 2022-2023 Code-of-Conduct.

Students who Fight in School

- ▶ Students who fight in school, or on school grounds, must **complete a four (4) hour Conflict Resolution** course, in addition to consequences as assigned by the Principal, as per the 2022-2023 Code-of-Conduct.

Resources Available in School

- ▶ Guidance Counselors
- ▶ Student Assistance Counselors (SAC)
- ▶ Social Workers
- ▶ YMCA Counseling Services
- ▶ Preferred Behavioral Youth Counseling Services
- ▶ School Based Youth Services
- ▶ Behavior Therapy Associates (MS & HS)
- ▶ Kirby Jones
- ▶ Rethink SEL & Mental Health Program

Suicide Prevention Lifeline

- If you are worried that someone you care about is thinking about suicide ask them:
 - ↓ Are you thinking about suicide?
 - ↓ Do you have a plan?
 - ↓ When was the last time you thought about suicide?

If the answer is yes to **any** of these questions **tell a trusted adult immediately or call the Suicide prevention line** at 988!



Mental Health Services

- ▶ [988 Life Line](#)
- ▶ [988 Life Line](#)
- ▶ [2nd Floor](#)
- ▶ [SAMHSA-Substance Abuse and Mental Health Services Administration](#)
- ▶ [1-800-273-TALK: National Suicide Prevention Lifeline](#)
- ▶ [1-877-652-7624: Performcare Mobile Response](#)
- ▶ <https://njhopeline.com/>
- ▶ <https://brightharbor.org/>

Posted on the Lakewood Public School Website

2022-2023 Student Code-of-Conduct

<p>Assault (The intent to cause bodily harm)</p>	<p>MS & HS Remote Instruction pending <u>In-Person Fitness for Duty Exam to Return to School</u>, which is processed through the Superintendent's Office, followed by 3-days of Level Two, Intervention Complete Course on Conflict Resolution</p> <p>Elementary School Remote Instruction pending <u>In-Person Fitness for Duty Exam to Return to School</u>, which is processed through the Superintendent's Office, followed by 3-days of Level One, Intervention Complete Course on Conflict Resolution</p> <p>Automatic Superintendent's Hearing.</p> <p>* Consistent Repeat Offenders must be brought to the Intervention Team, as to seek additional guidance and supports.</p>	<ol style="list-style-type: none"> 1. Submit a detailed Superintendent's Incident Report 2. Notify Superintendent and Director of Security. 3. <u>Police Report must be obtained.</u> 4. Enter a <u>detailed description</u> of the incident in Realtime under <u>Notes and Discipline</u>. INCLUDE: the consequence the student received. 5. If video was utilized, it must be saved, as it is now part of the student's record. In the NOTES section, a link to the video must be included. The link must be made Public for all to view (no restriction or access needed.) 6. The Director of Security & Director of IT must keep a spreadsheet of all videos requested, as they are now student records. 7. Superintendent's Hearing.
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2022-2023 Student Code-of-Conduct

Fighting	<p><u>MS & HS</u> 3-days of Level Two, Intervention Complete Conflict Resolution Course</p> <p><u>Elementary School</u> 3-days of Level One, Intervention Complete Conflict Resolution Course</p> <p>Depending on the severity of the incident, remote instruction <u>and/or In-Person Fitness for Duty Exam to Return to School</u>, which is processed through the Superintendent's Office, followed by 3-days of Level Two intervention.</p> <p>* Consistent Repeat Offenders must be brought to the Intervention Team, as to seek additional guidance and supports.</p> <p><u>Intervention Team:</u> Michelle DiPietro Devorie Stareshesky Adina Weisz Barbara Morcos Malka Stein Building Principal Case Manager, if applicable</p>	<ol style="list-style-type: none"> 1. Submit Superintendent's Incident Report 2. Notify Superintendent and Director of Security. 3. Police Report may be obtained depending on the severity. 4. Notify parents/guardians. 5. Enter a <u>detailed description</u> of the incident in Realtime under <u>Notes and Discipline</u>. INCLUDE: the consequence the student received. 6. If video was utilized, it must be saved, as it is now part of the student's record. In the NOTES section, a link to the video must be included. The link must be made Public for all to view (no restriction or access needed.) 7. The Director of Security & Director of IT must keep a spreadsheet of all videos requested, as they are now student records. 8. Superintendent's Hearing for repeat offenders.
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2022-2023 Student Code-of-Conduct

Bullying	<p><u>MS & HS</u> 3-days of Level Two Intervention. Complete Bullying Awareness Course</p> <p><u>Elementary School</u> 3-days of Level One Intervention. Complete Bullying Awareness Course</p> <p>* Consistent Repeat Offenders must be brought to the Intervention Team, to seek additional guidance and support.</p> <p><u>Intervention Team:</u> Michelle DiPietro Devorie Stareshesky Adina Weisz Barbara Morcos Malka Stein Building Principal Case Manager, if applicable</p>	<ol style="list-style-type: none"> 1. Submit a detailed Superintendent's Incident Report 2. Notify Superintendent and Director of Security. 3. Notify Guidance Counselor. 4. Notify parents/guardians. 5. Enter a <u>detailed description</u> of the incident in Realtime under <u>Notes and Discipline</u>. INCLUDE: the consequence the student received. 6. If video was utilized, it must be saved, as it is now part of the student's record. In the NOTES section, a link to the video must be included. The link must be made Public for all to view (no restriction or access needed.) 7. The Director of Security & Director of IT must keep a spreadsheet of all videos requested, as they are now student records.
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Sources

- ▶ 2022-2023 Code-of-Conduct
- ▶ Board Policy
- ▶ Kerri Ann Hefferon's, (SAC) Bullying Presentation
- ▶ Barbara Morcos' HIB Presentation